

Grow *the Green*

A one-page working ledger – print it, clip it up, fill it in pencil.

Now the ground gives something back. Microgreens on the counter, beds on the balcony, herbs by the door — the first harvests at every scale. Keep a close sowing record and each tray teaches the next.

SOWING & HARVEST LOG

SOWN	CROP / VARIETY	TRAY / BED	DAYS TO HARVEST	YIELD	NOTES

Three rules for this phase

1. Date every sowing — days-to-harvest is your only clock.
2. Weigh the yield, not the effort.
3. Succession beats one big planting.