

Moon Phase Planting Log

The old calendar — with room to test it against your own beds.

The moon-planting calendar is old advice: sow what fruits above ground while the moon waxes, and roots while it wanes. You don't have to take it on faith — you have to log it. One season of your own data settles the argument.

THE PHASES, AND THE TRADITIONAL GUIDANCE

PHASE	THE OLD GUIDANCE
New moon	Rest and plan — prep beds, feed the soil
Waxing crescent	Sow leafy greens & above-ground crops
First quarter	Sow fruiting above-ground — tomato, bean, squash
Waxing gibbous	Transplant · keep sowing above-ground
Full moon	Harvest — and sow roots just after the peak
Waning gibbous	Sow root & below-ground crops
Last quarter	Prune, weed, cultivate — sap runs low
Waning crescent	Rest · harvest for storage

TEST IT YOURSELF

DATE	MOON PHASE	WHAT I SOWED	WHAT HAPPENED